

YOUR CHECKLIST Choosing the Right Aerial Training

What to Look for in An Aerial Teacher Training Course

EXPERT TEACHER TRAINING	🗼 AFI Training	Other Training	
Certification			
 Do I receive a full teacher certification on graduation? 	\checkmark		
Can I Work at My Own Pace?			
 Can I set my own study hours and days? Is the course easily accessible 24/7? Can I easily review the material anytime I need? 	\checkmark		
Can I Train Without Sacrificing Family Needs or Time at My Day Job?			
 Are there NO travel and accommodation costs? Can I reasonably complete the course in 12 weeks or faster if I want? 	\checkmark		
Is the Course Methodology Tried and Tested?			
 Is The Course Solid and Comprehensive? Is the course logical and easy to follow with a clear flightpath to graduation? Does the course have a good reputation? Is it run by a reputable organisation? Does it offer follow on support? Will the course contents remove doubt and overwhelm? Are the instructors carefully selected, fully qualified and experienced at delivering quality training? Is the course delivered in a clear way? Is it suitable for multilevel classes? 			
Are There Quality Written Materials to Back Up My Learning?			
Is there a comprehensive course manual?Does it cover the practical and the theory?	\checkmark		
Will I Get the Confidence to Get Started Teaching Straight Away?			
 Does the course have a solid class structure? Does it cover over 20 interchangable blocks? Will it teach me how to communicate and demonstrate effectively? Will I be free to modify the classes to suit my preferences and personality? 			



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FITNESS INSTITUTE EXPERT TEACHER TRAINING	🗼 AFI Training	Other Training	
Course Fee			
 Is the course good value for money? Can I earn back the course fee in less than 30 hours of teaching classes? 	\checkmark		
Will the Course Improve My Own Aerial Prowess?			
 Can I expect to get stronger, more supple as I move through the course? Is it reasonable to expect to feel lighter, more agile and notice improved co-ordination? 	\checkmark		
Will the Course Suit Me If I am			
 Very new to aerial? A student who loves aerial? Already a teacher of movement? Brand new to teaching? A studio owner? I have another job but just want to know more about aerial? 			
Particular Resources For Trainees From All Backgrounds			
 Does the training offer full tutorials as clear step by step training segments? Can the course also offer the ability to feel the classes from a student's perspective? Does the course give me scripts where needed? Is there email and live zoom support if I need to clarify anything? Can I organise Fast Track Certification with extra online sessions? 			
Support After Certification			
 Does the organisation offer post-graduation training? Is there a teacher's support club to assist graduates? Is there a graduate program with regular new class releases to keep me developing and inspired? 	\checkmark		
Will I be in Good Hands?	\checkmark		